For Loop Practice

```java
public class ForLoop {

    public static void main(String[] args) {
        // create a variable called startValue of type Integer
        int startValue;
        // create and assign a value or 10 to a variable called endValue
        int endValue = 10;
        // the code start at 0 and increases the value by one every time it runs
        for (startValue = 0; startValue < endValue; startValue++) {

            System.out.println("Loop Value = " + startValue);

        }

    }
}
```